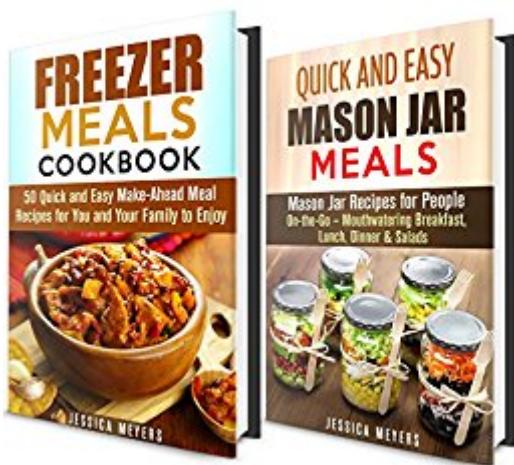


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Cookbook For Busy People Box Set (2 In 1): Over 70 Freezer And Mason Jar Meal Recipes For People On-the-Go - Mouthwatering Breakfast, Lunch, Dinner & Salads (Quick And Easy Recipes Cookbook)



Synopsis

Cookbook for Busy People Box Set (2 in 1) Book One: Freezer Meals Cookbook: 50 Quick and Easy Make-Ahead Meal Recipes for You and Your Family to Enjoy

Finding time to feed the whole family can be a hassle. There are always a million things that you need to get done during the day, and often feeding your family is pushed off until the end of the day. By the time you reach this point, you are tired, exhausted, and do not want to even think about making a big meal. But of course everyone around you is hungry and demanding to eat right at this second. What are you going to do in this scenario? The best choice is to reach over and pick up this guidebook. It is full of 50 of the best freezer meals you could ask for. All of these meals can be made ahead of time and kept in your freezer for those days you are just too busy to prepare a whole meal from scratch. Just freeze the meals and then dump them into a slow cooker or casserole dish, cook, and dinner is on the table. You will win a lot of points for parent of the year while feeding your family, saving money, and keeping your waistline nice and thin. There are a lot of great recipes inside this guidebook. Some of the delicious recipes you will get to enjoy include:

- Beef and pork meals
- Chicken meals
- International delights
- Pasta dishes

Rather than wasting money or feeding your family a bunch of junk, try out a few of these great recipes. You can have supper on the table in no time and a completely full and satisfied family every night.

Book Two: Quick and Easy Mason Jar Meals: Mason Jar Recipes for People On-the-Go

- Mouthwatering Breakfast, Lunch, Dinner & Salads

Most people go out and grab a sandwich at the deli next door, or a fast food restaurant or cafeteria where the food is often deep fried, processed and have a lot of unhealthy preservatives. Not only are Mason jar recipes fast and convenient, but they are very healthy too, and by healthy I mean, made fresh with the freshest, whole, all natural ingredients possible. These meals can be made to last for two to three days so you can make a few at a time to save yourself the hassle of cooking every day. Inside You Will Learn How to Cook Things Like:

- Creamy Pumpkin Spice Overnight Oats
- Thai Peanut Tofu Spread
- Lasagna in a jar
- Barbecue in a Mason jar
- Mason jar Chicken Roll ups
- Taco salad in a jar
- Brown rice and nori sheet salad
- Brownie cakes in a jar
- Chocolate chip snake in a jar
- And Much More

Don't Delay. Download This Book Now.

Book Information

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Customer Reviews

My priority is to provide healthy and delicious meals for my family, this set was a perfect grab as I've got several recipes and ideas with freezer meals and mason jar recipes. The recipes are special from each book, easy to make, healthy and delicious choice. Definitely, to make several meals ahead is effort wise and timesaving. Mason jar recipes are great to pick for my office lunch or to the nature side. Anyway, all recipes can be combined with others and suit any meal of the day.

Great ideas for the busy person!

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Mason Jar Meals: Quick, Easy & Healthy Mason Jar Meal Recipes For Busy People: Cooking For One with Meals In A Jar (mason jar, mason jar recipes, mason ... jar recipes, jar meals, mason jar salads) Cookbook for Busy People Box Set (2 in 1): Over 70 Freezer and Mason Jar Meal Recipes for People On-the-Go - Mouthwatering Breakfast, Lunch, Dinner & Salads (Quick and Easy Recipes Cookbook) MASON JAR MEALS: 50 Best Mason Jar Recipes Easy and Delicious Meals in Jar (Mason Jars, Mason Jar Salads) Salads - Top 200 Salad Recipes Cookbook (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Fruit Salad) Breakfast Meals Made Simple Cookbooks: 100 Sensation Breakfast Recipes - Healthy food (Breakfast, Meals Made Simple, Breakfast cookbooks, Breakfast recipes, Breakfast ... : 100 Sensation Breakfast Recipes) MASON JAR

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